



Plan To Control The Exposure to COVID-19

As a small Bed and Breakfast and/or short term rental property operating in Rio Grande, Dos Aguas has developed the following COVID-19 plan to control exposure to all employees and guests. This plan is to be followed by the employees at all times and any other that may be hired in the future. This plan will be reviewed with all employees at formal training session with a sign off by each employee that said training was conducted.

What is COVID-19*

Coronaviruses are a family of viruses that can cause respiratory illness in people. Coronaviruses also circulate among animals, including cattle, cats, and bats. The novel coronavirus responsible for the current pandemic, SARS-CoV-2, is one of seven types of known human coronaviruses. SARS-CoV-2, like the MERS and SARS coronaviruses, likely evolved from a virus previously found in animals. The remaining known coronaviruses cause a significant percentage of colds in adults and children, and these are not a serious threat for otherwise healthy adults.

According to the CDC, person-to-person transmission occurs during close (within 6 feet) contact with a person with COVID-19, primarily from respiratory droplets produced when an infected person coughs or sneezes. These droplets, particularly when aerosolized, can be deposited in the mouth, nose, or eyes of nearby people or be inhaled into the lungs. Airborne transmission from person-to-person over long distances (including as a result of evaporating droplets that leave behind infectious particles known as droplet nuclei) is believed to be unlikely.

People can also become infected with SARS-CoV-2 by touching surfaces or objects contaminated with the virus, and then touching their mouths, noses, or eyes. Current evidence suggests that novel coronavirus may remain viable for hours to days on a variety of surfaces. Frequent cleaning of visibly dirty and high-touch surfaces, followed by disinfection, can help prevent SARS-CoV-2 and other respiratory pathogens (germs) from spreading in workplaces.

People with Coronavirus Disease 2019 (COVID-19) can experience mild to severe respiratory illness. People with these symptoms or combinations of symptoms may have COVID-19:

- a. Cough
- b. Shortness of breath or difficulty breathing

Or at least two of these symptoms:

- a. Fever
- b. Chills
- c. Repeated shaking with chills
- d. Muscle pain
- e. Headache

- f. Sore throat
- g. New loss of taste or smell

Emergency warning signs and symptoms of COVID-19 that may suggest that you need urgent medical attention include:

- a. Trouble breathing
- b. Persistent pain or pressure in the chest
- c. New confusion or inability to be awakened (i.e., aroused)
- d. Bluish lips or face

* All Covid 19 definitions and symptoms were provided by [OSHA.gov](https://www.osha.gov). The list of symptoms is not all-inclusive. Consult your healthcare provider for any other symptoms that are severe or concerning.

Dos Aguas Hazard Recognition

Based on the definition by OSHA, Dos Aguas is considered a medium exposure risk. This is defined by OSHA as:

Jobs that require frequent/close contact with people who may be infected, but who are not known to have or suspected of having COVID-19. Workers in this category include: Those who may have frequent contact with travelers who return from international locations with widespread COVID-19 transmission.

Those who may have come in contact with the general public (e.g., in schools, high population density work environments, and some high-volume retail settings).

Dos Aguas exposure control plan for employees

Dos Aguas is a small Bed & Breakfast with a maximum guest capacity of 10 people and has two (2) employees. The employees work before, during and after it has guests in the facility in variable schedule from 8am - 12am. The two employees of Dos Aguas do not fall under any high risk groups as defined by OSHA and the CDC. The following paragraph details the process the employees will undergo on a daily basis.

- On a daily basis both employees will undergo daily temperature checks before the beginning of the work day. If an employee has a temperature detected they will be asked to not work for the day, self isolate and monitor their symptoms.

- Face masks and disposable gloves must be used at all times during the working hours.

- All employees must keep a safe (6 ft) distance from all guests and have face masks and disposable gloves in use during all interactions. No handshakes, hugs or physical contact with guests are allowed.

- Employees are allowed to eat at the designated dining area where the tables have been appropriately distanced from each other with a maximum of two chairs to each table. After usage of the dining tables and chairs will be disinfected. All plates, cups and silverware will be hand washed using antibacterial soap and water then placed in the dishwasher for high temperature disinfection and sanitizing.

- All work areas, tools, equipment and utensils need to be cleaned and disinfected after any and all work tasks as well as at the end of the working day. The cleaning and disinfection will include but is not limited to:

- a. Wash or spray with an alcohol based disinfectant all work tools
- b. Use alcohol based disinfectant to clean all work surfaces
- c. Use hand sanitizer if any surface, work tool or any item was touched by anyone without gloves.
- d. Use alcohol based disinfectant to clean any surface, work tool or any item that was touched by anyone without gloves
 - The two employees can use the hand sanitizers that are strategically available throughout out the property. They can also use the antibacterial soap available in their personal restroom and kitchen area for hand washing for 20 seconds.
 - Hand washing, for a minimum of 20 seconds, is required at the beginning and end of the work shift. The employees must wash their hands every time they have touched a surface, work tool and/ or equipment without wearing disposable gloves.
 - All face masks and disposable gloves will be provided by Dos Aguas to the two employees at no extra cost to them.
 - If an employee tests positive for Covid 19 an immediate quarantine (of at least 14 days) of said employee will take place. All areas where the employee was exposed to on the property will be cleaned and disinfected. All guests that came into contact with the employee will be notified of the positive Covid 19 result of said employee. Dos Aguas will cease to operate during the 14 day quarantine period as a precaution.
 - Any employee that tests positive for Covid 19 will fill out OSHA form 300
 - To ensure proper ventilation at Dos Aguas all doors and windows will be open to ensure proper ventilation and ceiling fans will be on. All bed rooms are equipped with air conditioning.
 - Throughout the course each work day the designated member of our staff will monitor and evaluate all work and public areas to ensure safe practices are being met and suggest new protocols when and if applicable.

Dos Aguas exposure control plan for dealing with guest areas

Dos Aguas has 4 guest rooms located on the second floor of the house. All entrance doors to each bed room is located 6 ft from each other. The following paragraph details the process we will undergo with all guest spaces.

- All guests that stay when operating as a bed & breakfast will have to go through our Wellness Check point and their temperature will be taken before entering the property.
- All guests must fill out "Travel Declaration and Contact Tracing Form for Lodging or Short term Rentals" as it may be applicable.
- Those guests that have a temperature and/ or any COVID-19 symptoms will be asked to seek medical attention and not be checked into Dos Aguas.
- All guest rooms will be cleaned and disinfected after each guest checks out.
- A "sanitized" card will be placed at the door of the guest room to notify the guest of its readiness. This card will indicate that nobody has entered the room after being disinfected.
- All guest rooms will be supplied with soap/hand wash at the restroom sink and in the shower.
- All guest rooms will be equipped with hand sanitizers, though we encourage hand washing frequently.
- There is a hand washing station in the first floor bathroom/common area.
- Guests can open all bed room windows as well as turning on their A/C units to ensure

proper ventilation. Please make sure you do not have the A/C running with the windows opened at the same time as this can damage the equipment.

- We have implemented a 48 hour wait period between full house rentals.

- When various guests concur, the designated dining area will have all tables at the appropriate distances (6 ft) with a maximum of two chairs to each table. After each usage, the dining tables and chairs an employee of Dos Aguas will disinfect them. All plates, cups and silverware used by the guests will be placed on the table after they are seated and afterwards will be hand washed using antibacterial soap and hot water then placed in the dishwasher for disinfection and sanitizing.

- All guests entering the designated dining area have to keep their distance from other guests. If a guest has a temperature or any signs of symptoms they will be asked to immediately return to their room.

- Guests must wear a face mask in public areas, wash their hands and always monitor for symptoms.

All protocols listed in this document are to be strictly followed by all Dos Aguas employees until further notice.

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